

# 2026 Music City Women's Heart Symposium

Presented by

Ascension Saint Thomas Office of Continuing Medical Education

**Saturday, October 24, 2026**

Ascension Saint Thomas Hospital West  
Linda and Mike Curb Institute for Advanced Medical Education  
4220 Harding Road, Nashville, Tennessee 37205



**Ascension Saint Thomas**

# 2026 Music City Women's Heart Symposium

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**Ascension Saint Thomas Hospital West | Saturday, October 24, 2026**

## Course Information

Please join us in-person or virtually for the second annual Ascension Saint Thomas Music City Women's Heart Symposium, dedicated to advancing cardiovascular care for women. This dynamic program will bring together leading experts to explore the unique challenges and emerging innovations in women's heart health across all stages of life. Attendees can expect engaging keynote presentations, insightful panel discussions, and the latest updates in prevention, diagnosis, and treatment through the lens of women's cardiovascular health. New this year, the symposium will also feature a poster session showcasing research, quality improvement initiatives, and innovative approaches to advancing women's heart care. This continuing medical education activity is intended for physicians, nurse practitioners, and physician assistants in the specialties of cardiology, cardiothoracic surgery, internal medicine, primary care, obstetrics and gynecology, maternal-fetal medicine, neurology, and emergency medicine who are involved in the care of women with or at risk for cardiovascular disease.

## Agenda

- 7:00 a.m. **Conference Check-In and Breakfast**  
7:45 a.m. **Welcome and Course Introduction**  
*Nishtha Sareen, MD, MPH, FACC, FSCAI*

### Session One: Innovation and Emerging Data

- 7:55 a.m. **Keynote: Shaping the Future of Cardiovascular Care: Innovation Meets Education**  
*Alexandra J. Lansky, MD, MScAI, FACC, FAHA, FESC, FSCAI*  
8:15 a.m. **Cardiovascular Skills and Artificial Intelligence: Critical Insight for the Coming Deluge**  
*Furrukh Malik, MD, FACC*  
8:25 a.m. **MINOCA/ INOCA/ ANOCA**  
*Nishtha Sareen, MD, MPH, FACC, FSCAI*  
8:35 a.m. **Eyes on Her Heart: The Role of Cardiovascular Imaging in Cardio-Oncology**  
*Sasan Ryan Raissi, MD*  
8:45 a.m. **Cardiovascular Oncology: A Rapidly Developing Frontier**  
*David A. Slosky, MD, FACC*  
8:55 a.m. **Panel Discussion**  
9:25 a.m. **Break and Poster Viewing**

### Session Two: Cardiac Care Throughout a Woman's Life

- 9:55 a.m. **Keynote: Residual Atherosclerotic Cardiovascular Disease (ASCVD) Risk: Beyond LDL - Where are we now?**  
*Patricia Kim Phuong Nguyen, MD*

- 10:15 a.m. **"Nothing is Wrong with Your Heart" An Update on HFpEF in Women**  
*Jessica H. Huston, MD*  
10:30 a.m. **The Future of Denervation Technologies**  
*Shukri David, MD, MBA, FACC*  
10:45 a.m. **Rethink Her Risk: The 2026 Dyslipidemia Guideline Update**  
*Britten F. Young, MD*  
11:00 a.m. **Beyond Breast Cancer: Mammography and Cardiovascular Risk**  
*Dana Bonaminio, MD*  
11:15 a.m. **Panel Discussion**  
11:45 a.m. **Lunch and Poster Viewing**

### Session Three: Prevention

- 12:45 p.m. **Keynote: Assessing and Addressing the Cardiometabolic Health of Women Throughout the Lifecourse**  
*Erin D. Michos, MD, MHS, FAHA, FACC, FASE, FASPC*  
1:05 p.m. **Protecting Maternal Heart Health-Recommendations for the National Academy of Sciences**  
*Cornelia R. Graves, MD, FACOG, FACC*  
1:20 p.m. **Contemporary Management of Dyslipidemia in Pregnancy**  
*Hannah L. Fish-Trotter, MD, FACC*  
1:35 p.m. **Heart Smart: Evidence-Based Lifestyle Strategies for Cardiovascular Health**  
*Rachel B. Mehr, MD*  
1:50 p.m. **Beyond the Hype: Evidence Based GLP-1 RA Management**  
*Amy Ervin, MSN, APRN, FNP-BC*  
2:05 p.m. **Panel Discussion**  
2:35 p.m. **Closing Remarks**  
2:45 p.m. **Adjourn**

This symposium has been endorsed by the Tennessee Chapter of the American College of Cardiology.



## Accreditation and Credit Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Ascension Saint Thomas designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirements of the American Board of Thoracic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABTS credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

## Course Director

**Nishtha Sareen, MD, MPH, FACC, FSCAI**

Interventional Cardiologist  
Director, Women's Heart Program  
Ascension Saint Thomas Heart  
Associate Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

## Keynote Presenters

**Alexandra J. Lansky, MD, MSCAI, FACC, FAHA, FESC, FSCAI**

Professor of Medicine, Yale School of Medicine  
Director, Heart and Vascular Center Clinical Research Program  
Director, Yale Cardiovascular Research Group  
Editor in Chief, Journal of the Society of Cardiovascular Angiography and Interventions (JSCAI)

**Erin D. Michos, MD, MHS, FAHA, FACC, FASE, FASPC**

Professor of Medicine  
Director of Women's Cardiovascular Health  
Associate Director of Preventive Cardiology  
Core Faculty, Advanced Lipid Clinic  
Division of Cardiology  
Johns Hopkins University School of Medicine

**Patricia Kim Phuong Nguyen, MD**

Associate Professor, Stanford University  
Director of Cardiovascular Imaging, Cardiology Section  
VA Palo Alto Health Care Systems

## Planners and Faculty

**Lisa S. Bellin, MD, FACS**

Breast Surgeon  
Ascension Saint Thomas Medical Partners  
Associate Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Dana Bonaminio, MD**

Breast Radiologist  
Director of Breast Imaging  
Premier Radiology  
Ascension Saint Thomas Midtown Center for Breast Health

**Angel Chandler, BSN, RN**

Director of Advanced Cardiac Programs  
Ascension Saint Thomas Heart

**Shukri David, MD, MBA, FACC**

Co-Chair, Heart & Vascular Services  
Henry Ford Health  
Art Van Elslander Chair of Cardiology  
Henry Ford Providence Hospitals  
Clinical Professor of Medicine  
Wayne State University, School of Medicine

**Amber M. Edwards, MD**

Cardiothoracic Surgeon  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Amy Ervin, MSN, APRN, FNP-BC**

Young Heart Group

**Hannah L. Fish-Trotter, MD**

Cardiologist  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Cornelia R. Graves, MD, FACOG, FACC**

Maternal-Fetal Medicine Specialist  
Pediatrix Medical Group  
Director of Perinatal Services, Ascension Saint Thomas  
Co-Director, Collaborative Perinatal Cardiac Center  
State Maternal Medical Director, TIPQC  
Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine  
Clinical Professor, Vanderbilt University  
Adjunct Professor, Meharry Medical College

**Jessica H. Huston, MD**

Medical Director, Cardiac Transplant  
Advanced Heart Failure, Pulmonary Hypertension, and Cardiac Transplant  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Furrukh Malik, MD, FACC**

Advanced Heart Failure, MCS and Transplantation  
Vanderbilt School Of Medicine  
Governor American College of Cardiology TN  
Chair AI Work Group BOG ACC

**Rachel B. Mehr, MD**

Family Medicine Physician  
Ascension Saint Thomas Medical Partners Lenox Village  
Regional Medical Director  
Ascension Saint Thomas Medical Partners

**Sasan Ryan Raissi, MD**

Cardiologist, Advanced Cardiovascular Imaging  
Ascension Saint Thomas Heart West  
Associate Professor, Department of Clinical Medical  
Education  
University of Tennessee Health Science Center College  
of Medicine

**David A. Slosky, MD, FACC**

Oncologist  
Tennessee Oncology

**Ramya S. Suryadevara, MD**

Interventional Cardiologist  
Ascension Saint Thomas Heart Rutherford  
Assistant Professor, Department of Clinical Medical  
Education  
University of Tennessee Health Science Center College  
of Medicine

**Britten F. Young, MD**

Founder, Young Cardiology

**Financial Disclosures**

Ascension Saint Thomas is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Integrity and Independence in Accredited Continuing Education, all individuals who have the opportunity to control content are required to disclose any financial relationships within the past 24 months with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Ascension Saint Thomas has established mechanisms to mitigate relevant financial relationships. Disclosure of relevant financial relationships with ineligible companies will be provided to learners prior to the activity.

**Special Accommodations**

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at [astcme@ascension.org](mailto:astcme@ascension.org).

**Nashville Lodging**

**Registrants are responsible for making their own reservations.** Below is a list of hotels near Ascension Saint Thomas Hospital West.

**Hilton Garden Inn Nashville West End Avenue (2.1 miles)**

100 Murphy Ct

**Fairfield Inn & Suites Nashville Near Vanderbilt (2.5 miles)**

109 29th Ave N

**Holiday Inn Nashville-Vanderbilt (2.5 miles)**

2613 West End Ave

**Loews Vanderbilt Plaza Hotel (3.1 miles)**

2100 West End Ave

**Courtyard Marriott Nashville Green Hills (3.2 miles)**

3800 Bedford Ave

**Hilton Nashville Green Hills (3.3 miles)**

3801 Cleghorn Ave

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**Register Online**  
**ast.cloud-cme.com**

To register, please scan the QR code or visit our website, [ast.cloud-cme.com](http://ast.cloud-cme.com). If you had an account on our previous site and are accessing this site for the first time, please click "Sign In" and "Forgot Your Password?" to reset your password. If you have never received credits from AST CME, please create a new account. Registration fees include food, beverages, and educational presentations. If you do not receive a confirmation email upon registration, please email [Katlyn.Mallicoat@ascension.org](mailto:Katlyn.Mallicoat@ascension.org).



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**Registration Form**  
**for Email or U.S. Mail**

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Name \_\_\_\_\_

\_\_\_ MD \_\_\_ DO \_\_\_ NP \_\_\_ PA \_\_\_ RN

\_\_\_ Other \_\_\_\_\_

Email \_\_\_\_\_

Specialty \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_

Practice Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### In-Person Attendance

\_\_\_\_\_ \$165.00 Physician  
\_\_\_\_\_ \$135.00 Other Learner (NP, PA, RN, Other)  
\_\_\_\_\_ \$75.00 Resident/Fellow/Student  
\_\_\_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow  
\_\_\_\_\_ \$0.00 \_\_\_\_\_ ID Number  
Ascension Saint Thomas Non-Physician Associate\*

### Virtual Attendance

\_\_\_\_\_ \$150.00 Physician  
\_\_\_\_\_ \$120.00 Other Learner (NP, PA, RN, Other)  
\_\_\_\_\_ \$50.00 Resident/Fellow/Student  
\_\_\_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow  
\_\_\_\_\_ \$0.00 \_\_\_\_\_ ID Number  
Ascension Saint Thomas Non-Physician Associate\*

\* If you register as an Ascension Saint Thomas Non-Physician Associate for \$0.00 and you are not able to attend, you must cancel your registration by Friday, October 9th. **If you do not cancel by October 9th, you will be invoiced a fee of \$25.00.** If you wish to cancel, please email [astcme@ascension.org](mailto:astcme@ascension.org).

### Charge to:

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Number (CVV) \_\_\_\_\_

Billing Address (if different than above) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

### Payment Options:

- **Scan and Email form to** [Katlyn.Mallicoat@ascension.org](mailto:Katlyn.Mallicoat@ascension.org)
- **Make check payable to Ascension Saint Thomas and mail with form to:**  
Continuing Medical Education  
Ascension Saint Thomas Hospital West  
4220 Harding Road  
Nashville, TN 37205

### Cancellation Policy

If it is necessary to cancel your registration, please email [astcme@ascension.org](mailto:astcme@ascension.org) by Friday, October 9, 2026. We will refund your fee less \$25.00. No refund will be given after Friday, October 9, 2026.

*If you happen to receive more than one brochure, please share with a colleague. Thank you!*



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